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Title: Clinical Features of Simultaneous Diagnoses of Lung Cancer and Non-Tuberculous Mycobacterial Lung Disease: A Systematic Review and Pooled Analysis

Running Title: Pooled Analysis of Simultaneous Diagnoses of Lung Cancer and NTM

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Clinical Question Box

What are the characteristics of patients diagnosed simultaneously with lung cancer and non-tuberculous mycobacterial lung disease (NTMLD)?

Patients with simultaneous diagnoses of lung cancer and NTMLD were often identified incidentally through chest imaging. The primary lesion locations in both diseases suggest a classification into five major types. In more than half of the cases, both lesions were located in the same lung lobe, while in some instances, they were found in the contralateral lung according to this classification. NTMLD lesions were often localized to a unilateral lung. Among lung cancer types, adenocarcinoma was the most frequently identified.

Abstract

Introduction: Lung cancer remains the leading cause of cancer-related deaths worldwide, although its prognosis has improved with advances in diagnostic techniques and treatments. Several studies have reported cases of lung cancer and non-tuberculous mycobacterial lung disease (NTMLD) being diagnosed simultaneously; however, their clinical characteristics remain unclear.

Methods: The authors conducted a literature review using PubMed, CINAHL, and Igaku Chuo Zasshi for studies published between January 1, 2000, and January 31, 2025. Data were extracted for patients diagnosed simultaneously with lung cancer and NTMLD, covering demographics, diagnostic methods, treatments, and survival outcomes.

Results: A total of 92 patients were included (median age: 69 years; interquartile range: 59–75; 22.9% females; 26.8% non-smokers). The most common NTM species identified was *M. avium* (80.5%). Based on the distribution of primary lesions, cases were classified into five types: Type I (16.7%), where both diseases occur in the same lesion; Type II (40.5%), where both lesions are within the same lung lobe; Type III (21.4%), where lesions are in different lobes of the same lung; Type IV (14.3%), where lesions are in the contralateral lung; and Type V (7.1%) as unclassifiable. In Types I and II, lesions were histopathologically intermingled, while in Types III and IV, the diseases were independent histopathologically.

Conclusions: Lung cancer and NTMLD were often incidentally diagnosed simultaneously through chest imaging, either when patients presented with symptoms such as cough, sputum production, or chest pain, or during health screenings and other medical examinations. The primary lesion locations in both diseases suggest a classification into five major types. In more than half of the cases, both diseases coexisted

within the same lesion or lung lobe, although some had independent lesions in the contralateral lung according to this classification.

Keywords: lung cancer; non-tuberculous mycobacterium; simultaneous diagnoses; review.

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Introduction

Lung cancer is a malignant neoplasm with the highest mortality rate, causing more than 1.8 million deaths annually and remaining the leading cause of cancer-related deaths worldwide.¹ Recent advancements in diagnostic techniques, such as next-generation sequencing and bronchoscopy, combined with the development of molecularly targeted drugs and immune checkpoint inhibitors (ICIs), have significantly improved the prognosis of lung cancer. However, these advancements come with new challenges, including adverse events such as drug-induced interstitial lung disease, pulmonary tuberculosis, non-tuberculous mycobacterial lung disease (NTMLD), and fungal infections such as aspergillosis, which may impact patient outcomes.^{2,3}

The association between COPD and IPF-related lung cancer has been recognized for some time.^{4,5} Since around 2000, the widespread use of computed tomography (CT) has led to the identification of cases where untreated lung cancer patients present with synchronous multiple primary malignant neoplasms or simultaneous diagnoses of asymptomatic respiratory infections. Identifying the clinical characteristics of such concurrent diagnoses could allow for the early recognition of multiple active diseases, leading to modified treatment strategies.

Many studies have explored the interaction between lung cancer and respiratory infections, particularly pulmonary tuberculosis and chronic pulmonary aspergillosis, as both potential causes and consequences of lung cancer, but the findings remain controversial.^{6,7} In contrast, research on lung cancer complications with NTMLD is rarer, especially in cases of simultaneous diagnosis, and remains limited. Given the small number of reported cases, the clinical characteristics and implications for these patients are still poorly understood.

We managed a 76-year-old woman with simultaneous lung cancer and NTMLD diagnosis,(Figure 1A, B) who was an asymptomatic patient presenting with trauma. Following treatment with antineoplastic agents and antimicrobials, imaging revealed the resolution of the shadow (Figure 1C), and subsequent surgical resection confirmed a pathological complete response (Figure 1D). To address this gap, we retrospectively reviewed cases reported since 2000 involving simultaneous diagnoses of lung cancer and NTMLD. This analysis focused on clinical characteristics to better understand this poorly characterized comorbidity and its potential impact on management and prognosis.

Methods

Protocol and Registration

This pooled analysis was conducted and reported following the preferred reporting items for systematic reviews and meta-analyses (PRISMA) guidelines.⁸ The study was registered with the University Hospital Medical Information Network Clinical Trials Registration (registration ID number UMIN000056786).⁹

Inclusion and Exclusion Criteria

The inclusion criteria were: 1) confirmed diagnosis of lung cancer and NTMLD; 2) availability of baseline clinical characteristics (e.g., age, sex, and symptoms); 3) clinical studies, observational studies, case series, and case reports; and 4) studies in any language. The exclusion criteria were: 1) in vitro or animal experiments, reviews, meta-analyses, and duplicates; and 2) conference abstracts.

Search Strategy

We searched PubMed, CINAHL, and Igaku Chuo Zasshi for studies published between January 1, 2000, and January 31, 2025. The search terms used were: ‘lung cancer’ and ‘non-tuberculosis mycobacterium’ or ‘mycobacterium.’ The quality assessment of all included studies was conducted by two reviewers (F.K. and K.Y.). Studies requiring additional evaluation were reviewed by a third reviewer (N.T.) and resolved through discussions among the three reviewers.

Definition

Lung cancer was evaluated according to the 8th edition of the TNM classification adopted by the Union for International Cancer Control.¹⁰ NTMLD is defined based on the criteria outlined in Table 3, as presented in the 2007 Official ATS/IDSA Statement.¹¹ However, the symptom was excluded from the diagnosis due to uncertainty about which disease

was responsible for the symptoms. The evaluation of cavities and lesion extent was classified based on the disease classification system of the Japan Society for Tuberculosis and Nontuberculous Mycobacteriosis.¹² Furthermore, simultaneous diagnosis was defined as cases where both conditions were confirmed within six months, following the definition of synchronous multiple primary malignant neoplasms.^{13,14}

Outcomes

Given the exploratory nature of the simultaneous diagnosis of lung cancer and NTMLD, primary outcomes focused on clinical features. Statistical methods are detailed in subsequent sections.

Risk of Bias

The Newcastle-Ottawa Quality Assessment Scale (NOS) and a tool for evaluating the methodological quality of case reports and case series were used to identify the risk of bias.¹⁵ Owing to the nature of single-arm studies, case series studies (>5) received a maximum of four stars, case-control studies five stars, and cohort studies six stars. Case series (≤ 5) and case reports were evaluated using the methodological quality tool,¹⁶ with a maximum of five stars. Studies were included if all evaluable items in the NOS and tool received more than two stars.

Statistical Analysis

All data were analyzed using JMP Pro version 17.1.0 (SAS Institute Inc., Tokyo, Japan). Continuous variables are expressed as means and standard deviations if they follow a normal distribution; otherwise, medians and interquartile ranges (IQR) are used. Additionally, 95% confidence intervals (CIs) were estimated. Statistical significance was set at $p < 0.05$. Overall survival (OS) was analyzed using the Kaplan-Meier method to estimate the median OS.

Results

Characteristics of Included Patients

A preliminary search identified 544 relevant studies from three databases (PubMed = 313, CINAHL = 25, and Igaku Chuo Zasshi = 207). After 17 duplicate records were removed, 527 studies were screened based on titles and abstracts. Among these, 485 were excluded for not meeting the inclusion criteria, primarily owing to simultaneous diagnoses of malignancies other than lung cancer (246 cases) or tuberculosis (201 cases), leaving 59 studies for eligibility assessment. Subsequently, three studies were excluded owing to insufficient information, 29 for not involving simultaneous diagnoses of lung cancer and NTMLD, and one study was withdrawn, as shown in the PRISMA flowchart (Figure S1).

Included Studies

Finally, 26 studies¹⁷⁻⁴² involving 92 patients were analysed. These included eight case series and 18 case reports. No phase II or III clinical trials were identified. Three studies were evaluated using the Newcastle-Ottawa Scale (NOS), receiving a four-star rating (Table S1). All analysed case reports were judged to be included in the overall appraisal of tools for evaluating the methodological quality of case reports and case series (Table S2).

Primary Outcomes

The clinical features of simultaneous diagnoses of lung cancer and NTMLD are summarized in Table 1. The mean age of patients was 69 years (IQR, 59–75). The proportion of females was significantly lower, at 22.9% ($p < 0.01$). Among the patients, 26.8% were non-smokers. Common initial symptoms included cough (44.0%), purulent sputum (20.0%), and chest pain (16.0%). However, 36.0% of asymptomatic patients were

found to have abnormal chest imaging findings during health checks or other medical examinations. Chest CT findings revealed nodules or masses in 77.4% of cases, followed by nodular shadows (41.9%), cavities (32.3%), bronchiectasis (32.3%), and consolidation (19.4%).

The characteristics of NTMLD and lung cancer are summarized in Table 2.

Among the cases, 58.8% of primary lung cancers were located in the right lung, 40.9% were at clinical stages I–II, and 59.1% were at stages III–IV. The histological subtypes of lung cancer were adenocarcinoma (53.3%), small cell carcinoma (20.0%), and squamous cell carcinoma (17.8%). Diagnosis of lung cancer was made by bronchoscopy (46.2%) or surgery (46.2%). No significant differences were observed in the clinical characteristics of lung cancer.

Regarding NTMLD, *M. avium* was the most common pathogen (80.5%), followed by *M. kansasii* and *M. intracellulare*. Significant differences were noted between *M. avium* and the other species ($p < 0.01$). The spread of NTMLD was more commonly localized to a unilateral lung, with significantly fewer cases involving bilateral lung spread ($p < 0.01$). Additionally, 40.0% of NTMLD cases lacked obvious cavitory lesions. The majority of NTMLD diagnoses were made via bronchoscopy (55.3%), while 34.2% were diagnosed through sputum examination during outpatient consultations. A smaller proportion (10.5%) of cases were diagnosed through surgery. Both diseases were diagnosed almost simultaneously in 67.7% of cases, and a definitive diagnosis was made within two months in 87.1% of cases.

A total of 42 patients with both lung cancer and NTMLD lesions were classified into five types based on the location of the primary lesions for each disease on chest imaging (Figure 2). Type I was defined as both lung cancer and NTMLD occurring in the same

lesion. Type II was defined as both lesions located within the same lung lobe, further subclassified into Type IIa for adjacent lesions and Type IIb for non-adjacent lesions. Lesions located in different lobes of the same lung were classified as Type III, while those located in the contralateral lung were classified as Type IV. Cases with random lesion distribution or where lesion identification was unclear were categorized as Type V (unclassifiable). The distribution of cases was as follows: Type I, 16.7%; Type II, 40.5%; Type III, 21.4%; Type IV, 14.3%; and Type V, 7.1%. No significant differences in frequency were observed among the types. In histopathologic analysis, cases classified as Types I, II, and some from the random distribution pattern (Type V) showed mixed findings of lung cancer and NTMLD within the same lesion,^{17-19,23,24,28,30,31,36,38} whereas cases classified as Types III and IV contained only the respective lesions at the resection site.^{35,37}

Regarding treatment, surgery was performed when complete resection was feasible based on the TNM classification of lung cancer, while no cases underwent complete resection solely for NTMLD. Chemotherapy was primarily administered in advanced-stage lung cancer cases, with some patients (7.7%) receiving programmed death-1 (PD-1) inhibitors following the approval of ICIs. Only a few studies provided details on chemotherapy regimens, but three patients receiving PD-1 inhibitors were reported in detail. Two patients had not started antimicrobial treatment before PD-1 inhibitor administration, and their NTMLD lesions (*M. avium* and *M. fortuitum*) worsened afterward. They then initiated antimicrobial treatment, continued the PD-1 inhibitor regimen, and showed improvement in NTMLD lesions.^{39,40} Antimicrobial treatment for NTMLD was significantly more common ($p < 0.01$), with RECAM being the most

frequently used regimen. Among the 22 patients with available overall survival (OS) data, the median OS was 23 months.

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Discussion

This study describes the clinical characteristics of cases with simultaneous diagnoses of lung cancer and NTMLD since 2000, a period marked by the widespread adoption of chest CT scans. The majority of cases were male smokers, typically identified on chest imaging when patients presented with cough, sputum, or chest pain, or during health checks and other medical examinations. *M. avium* was the most frequently diagnosed NTMLD species, often localized to one lung. Adenocarcinoma was the most common histologic type of lung cancer, with no significant differences observed. Furthermore, we categorized patients with simultaneous diagnoses of lung cancer and NTMLD into five major types based on the locations of their primary lesions.

Several reports have shown that the rate of lung cancer complications in patients with non-tuberculous mycobacterial disease is higher than in healthy individuals, but the findings remain controversial.⁴³ These studies have not examined the relationship between the locations of the lesions for these two diseases. Calculations based on Tamura et al.'s report indicate that the rate of simultaneous diagnosis was 1.8% for NTMLD patients with lung cancer and 1.0% for lung cancer patients with NTMLD as a complication.²⁰ They reported that half of these patients had the primary lesions of both diseases within the same lung lobe.²⁰

The lung parenchyma in patients with lung cancer is often compromised by a combination of cancer cell metastasis and damage caused by surgery, radiation, and antineoplastic drugs, creating a predisposition to infection.⁴⁴ Additionally, the use of cytotoxic antineoplastic drugs and cancer-induced cachexia contributes to decreased BMI and the development of sarcopenia, leading to reduced IL-15 production—essential for T cell proliferation—which in turn results in increased PD-1 expression and diminished T

cell function, and further progression of infections.² Infections are more likely to develop in the respiratory system when physiological, immunological, or morphological abnormalities are present, along with impaired drainage.^{20,23} These factors may contribute to the occurrence of NTMLD near lung cancer.

In the present study, Type I cases were defined as those with NTM lesions coexisting within the cavities formed by lung cancer. In Type IIa cases, where the lesions were adjacent to each other, peripheral drainage function was impaired by central lung cancer lesions, leading to frequent NTMLD complications at the peripheral sites of lung cancer or adjacent lung cancer lesions owing to chronic NTMLD. These types constituted nearly 60% of the cases, suggesting an interplay between immunity and inflammation in the coexistence of both diseases. However, in cases where the lesions of both diseases were distant from each other, such as in Type III and Type IV, the pathological findings of each disease were similar to those observed in non-complicated cases, especially in cases like Type IV, which accounted for 14.3% of the total. The association between lesion locations in both diseases by type may be linked to disease progression and occasional complications.

There are several limitations to this study. First, all the enrolled studies were retrospective analyses. Second, the data were primarily derived from case reports, which are susceptible to publication bias and do not permit sensitivity analysis. Therefore, statistical significance was interpreted as a reference value. Third, the analysis of symptoms in NTMLD diagnosis was waived owing to the overlap with lung cancer. Fourth, NTMLD is caused by *M. avium*, the predominant species, which may explain the higher number of studies from Japan. However, this study enabled us to classify lung cancer and NTMLD into five categories based on the relationship between primary lesion

locations. In cases where lung cancer and NTMLD coexist, further insights may be gained by examining the spatial relationship between their primary lesions.

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Conclusions

Simultaneous diagnoses of lung cancer and NTMLD were made incidentally. In approximately half of the cases, both lesions were located in the same lung lobe, while in some instances, they were found in the contralateral lung according to our classification. However, the small sample size and the retrospective nature of the enrolled studies introduced significant bias, emphasizing the need for further research to validate this classification.

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Data Availability: The datasets used in the current study are available from the corresponding author upon reasonable request.

Ethical Statement: The article does not involve the participation of any animals. The patient provided written informed consent for the publication of this report and accompanying images.

Conflict of Interest: F.K. serves as a member of the editorial board for the *Journal of Clinical Question*.

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Table 1. Baseline Clinical Characteristics of Simultaneous Diagnoses of Lung Cancer and NTMLD

Demographic and Characteristics	Number of Cases	Percentage	95% CI
Females	48	22.9	(25.5, 45.7)
Smoking status	41		
non-smoker	11	26.8	(1.0, 53.0)
Symptoms	25		
cough	11	44.0	(14.7, 73.3)
asymptomatic	9	36.0	(4.6, 67.4)
purulent sputum	5	20.0	(0, 55.1)
chest pain	4	16.0	(0, 51.9)
fever	4	16.0	(0, 51.9)
appetite loss	3	12.0	(0, 48.8)
general fatigue	3	12.0	(0, 48.8)
Chest CT findings	31		
nodules or masses	24	77.4	(60.7, 94.1)
nodular opacities	13	41.9	(15.1, 68.7)
cavities	10	32.3	(3.3, 61.3)
bronchiectasis	10	32.3	(3.3, 61.3)
consolidation	6	19.4	(0, 51.0)

CI, confidence interval; NTMLD, non-tuberculous mycobacterial lung disease; CT: computed tomography.

Table 2. Characteristics and Diagnostic Methods of Simultaneous Diagnoses of Lung Cancer and NTMLD

Disease Characteristics and Diagnosis	Number of Cases	Percentage	95% CI
Lung cancer			
Primary Lesion on the Right Side	20	58.8	(37.2, 80.4)
Clinical Stage	44		
I–II	18	40.9	(18.2, 63.6)
III–IV	26	59.1	(40.2, 78.0)
Histopathological Type	45		
adenocarcinoma	24	53.3	(33.3, 73.3)
small cell carcinoma	9	20.0	(0, 46.1)
squamous cell carcinoma	8	17.8	(0, 44.3)
NTMLD			
Species of NTM	87		
<i>M. avium</i>	70	80.5	(71.2, 89.8)
<i>M. kansasii</i>	4	4.6	(0, 25.1)
<i>M. intracellulare</i>	4	4.6	(0, 25.1)
Widespread NTM Lesions	41		
1	24	58.5	(38.8, 78.2)
2	15	36.6	(12.2, 61.0)
3	2	4.9	(0, 34.8)
% Non-Cavity Lesion Pattern	14	40.0	(14.3, 65.7)
Methods for Diagnosis			
Lung cancer	26		
bronchoscopy	12	46.2	(18.0, 74.4)
surgery	12	46.2	(18.0, 74.4)
NTMLD	38		
bronchoscopy	21	55.3	(34.0, 76.6)
sputum	13	34.2	(8.4, 60.0)
surgery	4	10.5	(0, 40.5)

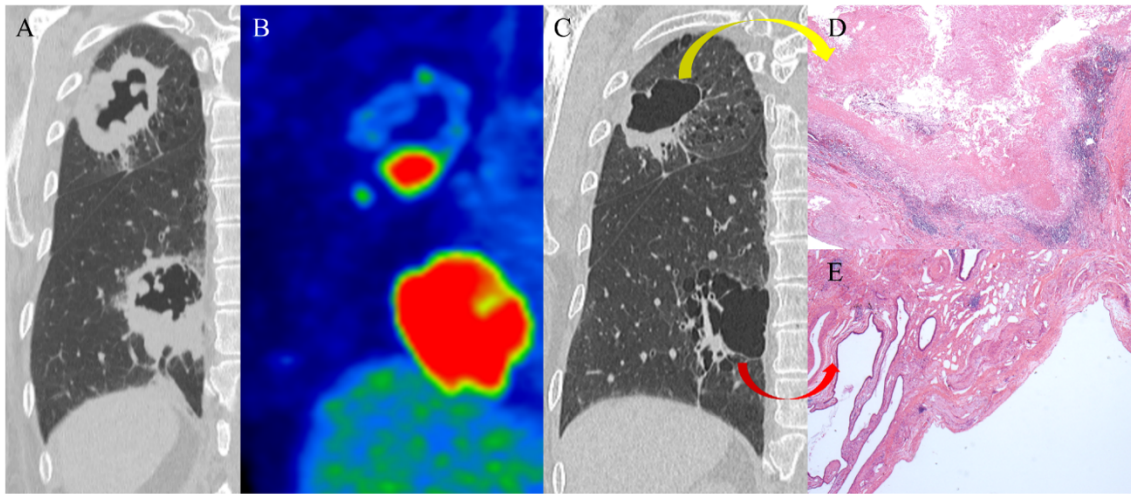
CI, confidence interval; NTMLD, non-tuberculous mycobacterial lung disease

Table 3. Treatment of Simultaneous Diagnoses of Lung Cancer and NTMLD

Treatment	Number of Cases	Percentage	95% CI
Surgery	37		
Surgery for Lung Cancer and NTMLD	13	35.1	(9.2, 61.0)
Surgery Only for Lung Cancer	8	21.6	(0, 50.1)
Surgery Only for NTMLD	0	0	N.A.
No Surgical Treatment	16	43.2	(18.9, 67.5)
Pharmacological Treatments			
Lung cancer	34		
chemotherapy	19	55.9	(33.6, 78.2)
no chemotherapeutic treatment	15	44.1	(19.0, 69.2)
Regimen	14		
CBDCA + paclitaxel	3	21.4	(0, 67.8)
CDDP + etoposide	3	21.4	(0, 67.8)
pembrolizumab	2	14.3	(0, 62.8)
NTMLD	31		
antimicrobial treatments	24	77.4	(60.7, 94.1)
no antimicrobial treatments	7	22.6	(0, 53.6)
Regimen	28		
RECAM	10	35.7	(6.0, 65.4)
HRE	5	17.9	(0, 51.5)

NTMLD, non-tuberculous mycobacterial lung disease; CI, confidence interval; CBDCA, carboplatin; CDDP, cisplatin; HRE, isoniazid, rifampicin, and ethambutol; RECAM, rifampin, ethambutol, and clarithromycin.

Figure 1: Simultaneous Diagnosis of Non-small Cell Lung Cancer and NTMLD



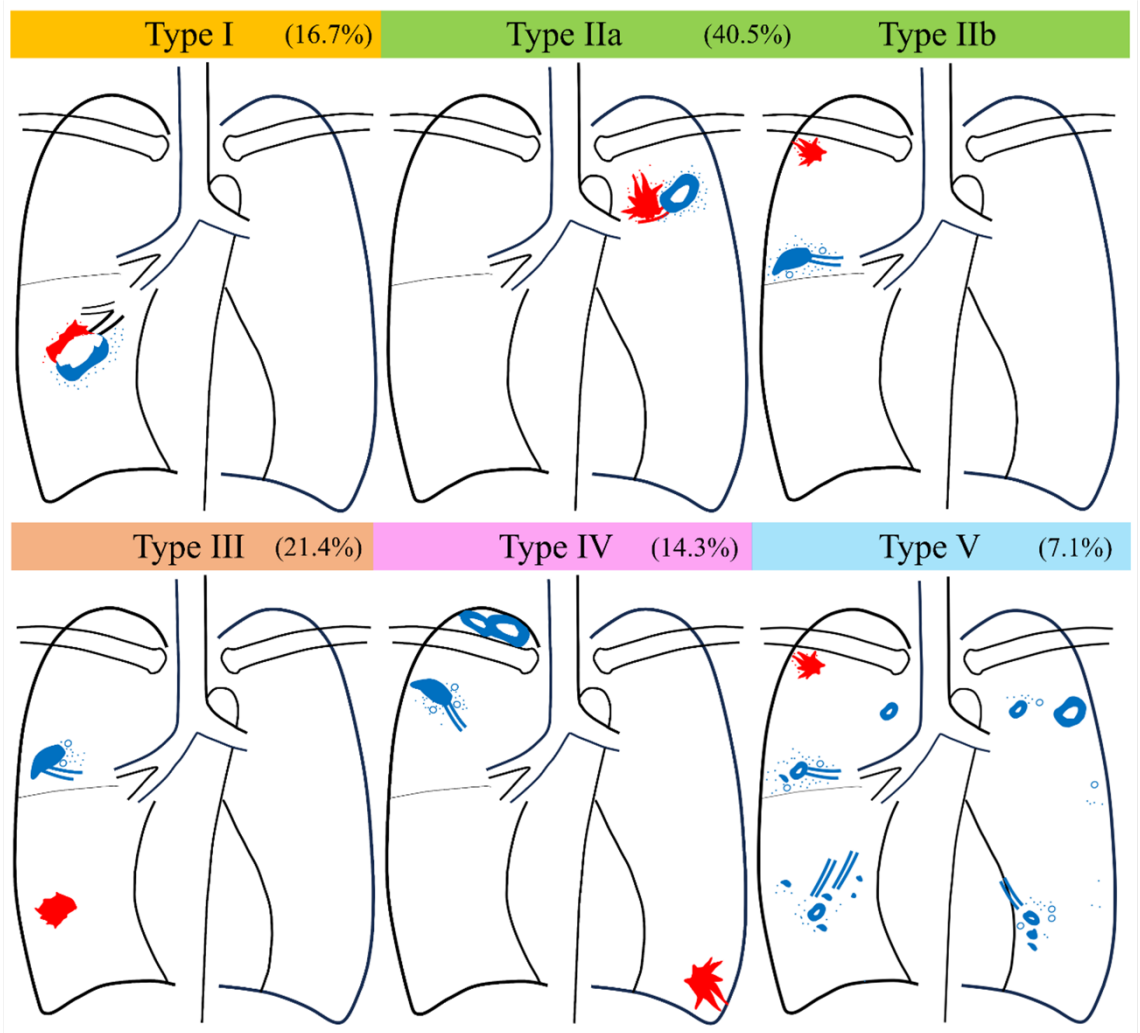
A: Imaging detected an incidental cavitory mass in the right S2 and S6 regions.

B: Positron emission tomography/computed tomography revealed SUVmax values of 8.7 in S2 and 19 in S6.

C: Diagnosed with simultaneous cT4N0M0 stage IIIA non-small cell lung cancer (S6) and NTMLD (*M. avium*) (S2). After three months of treatment with carboplatin combined with nanoparticle albumin-bound paclitaxel, as well as rifampin, ethambutol, clarithromycin, and amikacin, both tumors regressed.

D, E: The patient underwent right upper lobectomy and left S6 segmentectomy, achieving pathological complete remission.

Figure 2. Classification of Lesion Distribution in Simultaneous Lung Cancer and NTMLD on Chest Imaging*



*Chest imaging, including computed tomography and plain radiography.

Red lesions: Primary lung cancer; Blue lesions: Non-tuberculous mycobacterial lung disease; Type I: Lung cancer and NTMLD present within the same lesion; Type II: Both lesions located within the same lung lobe; IIa: Adjacent lesions in the same lobe; IIb: Non-adjacent lesions in the same lobe; Type III: Lesions in different lobes of the same lung; Type IV: Lesions present in the contralateral lung; Type V: Unclassifiable due to random distribution or difficulty in lesion identification.