

1 **Type of Article:** Original Research

2 **Title:** Comparative Efficacy and Safety of Tolebrutinib Versus Biologic Agents in Relapsing
3 Multiple Sclerosis: A Systematic Review and Network Meta-Analysis

4 **Authors:** Ye Yin¹, Jinmei Gao², Danyu Zhao³

5 ¹ Ultrasound Electrophysiology Center, Affiliated Hospital of Liaoning University of Traditional
6 Chinese Medicine, Shenyang, China

7 ² Department of Ultrasound, Shenyang Maternity and Child Health Hospital, Shenyang, China

8 ³ College of Integrated Traditional Chinese and Western Medicine, Liaoning University of
9 Traditional Chinese Medicine, Shenyang, China

10 **Correspondence:** Danyu Zhao

11 **Address:** No.79 Chongshan East Road, Huanggu District, Shenyang, Liaoning Province, China
12 110847

13 College of Integrated Traditional Chinese and Western Medicine, Liaoning University of
14 Traditional Chinese Medicine,

15 **Email:** zhaody781107@163.com

16 **Tel:** +86 24 3120 7108

17 **ORCID:**

18 Jinmei Gao <https://orcid.org/0009-0006-3719-2108>

19 Danyu Zhao <https://orcid.org/0009-0009-9395-6178>

20

Clinical Question Box

21 In patients with relapsing multiple sclerosis, does tolebrutinib demonstrate superior efficacy and
22 safety, compared to antibody-based therapies?

23 Current evidence does not support the superiority of tolebrutinib over antibody-based therapies in
24 efficacy or safety. While tolebrutinib offers a convenient oral alternative and demonstrates
25 moderate effectiveness in preventing confirmed disability progression and serious adverse events,
26 it appears less effective in controlling annualized relapse rates. Overall, monoclonal antibodies
27 remain more effective in reducing both relapse frequency and disability progression in patients
28 with relapsing multiple sclerosis.

29

Just Accepted

30

Abstract

31 **Introduction:** Relapsing multiple sclerosis (RMS) is a chronic autoimmune disease with an
32 expanding range of treatment options, including monoclonal antibodies and emerging oral agents
33 such as tolebrutinib. This network meta-analysis aims to compare the efficacy and safety of
34 tolebrutinib with those of established antibody-based therapies for RMS.

35 **Methods:** A systematic review and network meta-analysis were conducted using a frequentist
36 framework in R. Randomized controlled trials (RCTs) were systematically searched. The primary
37 outcomes were annualized relapse rate (ARR), confirmed disability progression (CDP), and
38 serious adverse events (SAEs). Mean differences (MDs) and odds ratios (ORs) were calculated,
39 along with their corresponding 95% confidence intervals (CIs).

40 **Results:** Ten RCTs involving 11,365 patients with RMS evaluated tolebrutinib, ocrelizumab,
41 ofatumumab, ublituximab, alemtuzumab, and natalizumab. For ARR compared to placebo,
42 natalizumab showed the highest efficacy (MD: -50%, 95% CI: -64% to -40%), followed by
43 alemtuzumab (MD: -51%, 95% CI: -69% to -33%) and ocrelizumab (MD: -39%, 95% CI: -48%
44 to -29%). Compared to tolebrutinib, all biologics demonstrated greater ARR reduction, with
45 statistically significant differences for alemtuzumab (MD: -31%, 95% CI: -53% to -10%),
46 natalizumab (MD: -32%, 95% CI: -47% to -17%), and ocrelizumab (MD: -21%, 95% CI: -41%
47 to -1%). For CDP, ocrelizumab ranked the highest (OR: 0.16, 95% CI: 0.06 to 0.42), followed by
48 alemtuzumab (OR: 0.30, 95% CI: 0.12 to 0.75) and natalizumab (OR: 0.35, 95% CI: 0.13 to 0.91).
49 Tolebrutinib demonstrated moderate efficacy, with no significant inferiority compared to antibody-
50 based treatments. Regarding SAEs, natalizumab exhibited the most favorable safety profile (OR:
51 0.22, 95% CI: 0.07 to 0.67), while that of tolebrutinib was comparable to other agents.

52 **Conclusion:** Monoclonal antibodies such as natalizumab, alemtuzumab, and ocrelizumab remain
53 among the most effective therapies for RMS. Tolebrutinib provides a convenient oral alternative
54 with comparable safety and moderate efficacy in preventing disability progression.

55 **Keywords:** relapsing multiple sclerosis, tolebrutinib, monoclonal antibodies, network meta-
56 analysis

57

Just Accepted

58 Introduction

59 Multiple sclerosis (MS) is a chronic autoimmune disease characterized by demyelination
60 and neurodegeneration of the central nervous system, typically presenting between ages 20 and 40
61 and disproportionately affecting women.¹ It occurs when the immune system attacks the myelin
62 sheath surrounding nerve fibers, leading to inflammation, disrupted neural communication, and
63 progressive neurological impairment.² It is classified into four courses. Clinically isolated
64 syndrome (CIS) involves a single neurological episode with possible silent CNS damage detected
65 on MRI, potentially leading to a full MS diagnosis. Relapsing-remitting MS (RRMS), the most
66 common form, features recurrent attacks with periods of remission; treatment can reduce or
67 prevent relapses. Secondary-progressive MS (SPMS) follows RRMS, with gradually worsening
68 symptoms and fewer or no relapses, termed “active” if attacks continue and “non-relapsing”
69 otherwise. Primary-progressive MS (PPMS) causes steady symptom progression from onset
70 without distinct relapses.³ The term “Relapsing MS” (RMS) is frequently used in recent studies.^{4,5}
71 Although the inclusion criteria vary, RMS cohorts typically consist of more than 90% RRMS
72 patients, along with a small percentage of SPMS and others.⁶

73 RRMS is the most common form of multiple sclerosis, accounting for roughly 85–87% of
74 initial diagnoses.⁷ Recent epidemiological data indicate that approximately 2.9 million people
75 worldwide live with MS (around 24 to 36 per 100,000 population), with incidence estimates
76 ranging from 2 to 8 per 100,000 person-years depending on the region.^{8,9} Clinically, RMS is
77 characterized by episodic relapses followed by residual or accumulating disability, including
78 physical impairment, fatigue, cognitive deficits, and reduced quality of life.¹⁰ It also imposes
79 substantial economic strain, at approximately USD 85 billion annually in the U.S., fueled by direct
80 medical costs and elevated treatment expenditures averaging USD 90,000 per patient each year.¹¹

81 Collectively, RMS poses an escalating global burden that deeply impacts individuals, caregivers,
82 healthcare systems, and society.

83 Over the past two decades, treatment approaches for RMS have advanced substantially.
84 Early disease-modifying therapies (DMTs), including interferon- β and glatiramer acetate,
85 provided only moderate reductions in annualized relapse rates (around 30%) and were constrained
86 by injectable delivery and tolerability issues.¹² The development of oral agents, such as fingolimod,
87 teriflunomide, dimethyl fumarate, siponimod, ozanimod, and cladribine, improved both patient
88 adherence and therapeutic outcomes.¹³ However, highly effective infusion therapies have since
89 taken precedence in clinical practice. Among these, monoclonal antibodies targeting CD20 have
90 notably transformed the treatment landscape. One key example, ocrelizumab, gained approval in
91 2017 and demonstrated significant benefits in reducing relapses and delaying disability
92 progression in clinical trials.¹⁴ Other agents, such as ofatumumab (administered subcutaneously),
93 along with ublituximab, alemtuzumab, and natalizumab (administered intravenously), have also
94 demonstrated comparable efficacy. These therapies continue to offer strong relapse control and
95 expand the range of effective treatment options for RMS.¹⁵

96 While monoclonal antibody-based disease-modifying therapies (DMTs) have
97 demonstrated superiority over traditional treatments, direct comparisons among these agents
98 remain limited.¹⁶ Tolebrutinib, a newly developed oral therapy, and Bruton's tyrosine kinase (BTK)
99 inhibitor, has shown efficacy in RMS, highlighting the need for broader comparisons across high-
100 efficacy therapies. Previous systematic reviews have focused on select monoclonal antibodies and
101 often assessed efficacy and safety separately.¹⁷ To address these gaps, we conducted a PRISMA-
102 compliant systematic review and network meta-analysis to evaluate and rank approved monoclonal

103 antibodies and tolebrutinib based on both efficacy and safety. This integrated approach aims to
104 support more individualized and evidence-based treatment decisions for RMS.

105

Just Accepted

106 **Methods**

107 *Protocol and Registration*

108 This systematic review and network meta-analysis were conducted per the PRISMA 2020
109 guidelines and the PRISMA extension statement for network meta-analyses. The protocol was
110 prospectively registered in the Open Science Framework (OSF: osf.io/jhr6t).

111 *Eligibility Criteria*

112 The inclusion criteria were as follows: (1) RCTs; (2) adult patients (≥ 18), (3) >90% of
113 participants diagnosed with RRMS, (4) comparison of antibody-based DMTs with placebo or
114 active comparators, and (5) RCTs involving teriflunomide, as it was commonly used as a control.
115 The following were the exclusion criteria: (1) no extractable safety or efficacy outcomes, (2) non-
116 RCT designs. and (3) subgroup analysis of previous studies without adding new information.

117 *Information Sources*

118 We systematically searched the Cochrane Library, Embase, Web of Science, and PubMed
119 databases from their inception up to May 31, 2025. Additionally, we screened the reference lists
120 of relevant systematic reviews and key articles. No restrictions were applied regarding language
121 or publication status. The following search terms were used: ((((((Relapsing Multiple Sclerosis)
122 OR (RMS)) OR (Relapsing-remitting Multiple Sclerosis)) OR (RRMS)) AND (((antibody) OR
123 (antibody)) OR (inhibitor))) AND (((Teriflunomide) OR (placebo)) OR (interferon- β))) AND
124 ((RCT) OR (Randomized clinical trial)).

125 *Selection Process*

126 Two reviewers (Y.Y. and J.G.) independently screened titles and abstracts, followed by full-
127 text assessments for eligibility. Discrepancies were resolved through discussion or consultation
128 with a third reviewer (D.Z.). Inter-reviewer agreement was measured using Cohen's kappa
129 statistics. Data extraction was conducted independently by the same two reviewers using a
130 standardized form. The extracted information included study characteristics (year, design, sample
131 size), population demographics, intervention details (antibody type, dose, duration), comparators,
132 efficacy outcomes (ARR, CDP, and safety outcomes of SAEs. When data was missing or unclear,
133 the study authors were contacted for clarification.

134 *Summary Measures and Data Synthesis*

135 We performed a network meta-analysis using a frequentist framework and random-effects
136 models to estimate relative treatment effects. The ARRs were compared between antibody-based
137 therapies and controls using MD based on percentage change, while binary safety outcomes were
138 analyzed using OR, both with 95% credible intervals (CI). To rank treatments, we calculated the
139 surface under the cumulative ranking curve (SUCRA) for each outcome. A network geometry plot
140 was used to visualize treatment comparisons. Consistency between direct and indirect evidence
141 was assessed using node-splitting methods and the design-by-treatment interaction model.
142 Heterogeneity was evaluated using between-study variance (τ^2) and I^2 statistics. All analyses were
143 performed in R (version 4.4.1) using the netmeta package.

144 *Bias and Certainty of Evidence*

145 The study quality was assessed using the Cochrane Risk of Bias 2.0 tool across five
146 domains: randomization process, deviations from intended interventions, missing outcome data,
147 outcome measurement, and selective reporting. Two reviewers independently conducted the

148 assessments, resolving any disagreements through consensus. Publication bias was evaluated using
149 Egger's test where applicable, and selective reporting was further assessed by comparing the
150 reported outcomes with trial registry entries. The certainty of evidence for each pairwise
151 comparison across key outcomes was rated using the Grading of Recommendations Assessment,
152 Development, and Evaluation (GRADE) framework, adapted for network meta-analysis. This
153 assessment considered the risk of bias, inconsistency, indirectness, imprecision, and publication
154 bias.

155

Just Accepted

156 **Results**

157 *Study Selection and Characteristics*

158 The initial search yielded a total of 1,779 records. By removing duplicates and screening
159 abstracts, 297 and 1,373 records were excluded, respectively. Subsequently, 109 articles were
160 assessed for eligibility (Figure S1). Ten RCTs involving 11,365 patients were included in the final
161 analysis (Table 1).¹⁸⁻²⁷ The trials evaluated tolebrutinib along with five other antibody-based
162 therapies: ocrelizumab, ofatumumab, ublituximab, alemtuzumab, and natalizumab, comparing
163 them either to a placebo or other active treatments. Most studies had a median follow-up of 12–24
164 months and included adult patients, with the majority diagnosed with RRMS. Prior DMT use
165 varied across studies: some included only treatment-naïve patients,^{18,25} while others enrolled
166 participants with partial prior DMT exposure (from 18.8% to 60.3%), and one study included only
167 patients with prior DMT use.¹⁹

168 *ARR*

169 The network graph of the included studies evaluating ARR is presented in Figure S2. Most
170 antibody-based agents were compared with teriflunomide. The direct effects of each agent versus
171 the placebo are illustrated in Figure 1B. Among all agents, natalizumab demonstrated the highest
172 efficacy, with a MD reduction in ARR of 50% (95% CI: -63% to -37%), followed by alemtuzumab
173 (MD: -50%, 95% CI: -72% to -27%), ocrelizumab (MD: -39%, 95% CI: -60% to -18%),
174 ofatumumab (MD: -31%, 95% CI: -39% to -23%), ublituximab (MD: -28%, 95% CI: -38% to -
175 8%), IFN β -1a (MD: -26%, 95%CI: -46% to -6%) and tolebrutinib (MD: -18%, 95% CI: -25% to -
176 11%).

177 The results of the network meta-analysis are summarized in Table 2. Alemtuzumab showed
178 the greatest efficacy with a MD of -50% in ARR compared with placebo (95% CI: -72% to -27%),
179 followed closely by natalizumab (MD: -50%, 95% CI: -63% to -37%), ocrelizumab (MD: -39%,
180 95% CI: -60% to -18%), ublituximab (MD: -28%, 95% CI: -38% to -18%), and tolebrutinib (MD:
181 -25% to -10%). All antibody-based agents showed efficacy superior to tolebrutinib, with MDs for
182 alemtuzumab (MD: -31%, 95% CI: -53% to -10%), natalizumab (MD: -32%, 95% CI: -47% to -
183 17%), ocrelizumab (MD: -21%, 95% CI: -41% to -1%), ofatumumab (MD: -13%, 95% CI: -17%
184 to -9%), and ublituximab (MD: -10%, 95% CI: -18% to -3%). The full data of the network meta-
185 analysis, including Teriflunomide is shown in Table S1. The efficacy ranking is illustrated in Figure
186 S3. Based on SUCRA values, natalizumab (0.9244) and alemtuzumab 12 mg (0.9131) ranked
187 highest in efficacy, followed by ocrelizumab (0.7639), ofatumumab (0.6244), ublituximab
188 (0.5579), tolebrutinib (0.2750), and placebo. Heterogeneity was low, with $I^2 = 0\%$, and there was
189 no significant publication bias (Egger's test $p = 0.59$).

190 *CDP*

191 The network graph of the included studies evaluating confirmed CDP is shown in Figure
192 S4. Most biological agents were compared to teriflunomide. The direct comparisons of each agent
193 versus placebo are illustrated in Figure 1B. Among all agents, ocrelizumab demonstrated the
194 highest efficacy in reducing CDP, with an OR of 0.16 (95% CI: 0.06 to 0.42), followed by
195 alemtuzumab (OR: 0.18, 95% CI: 0.07 to 0.46), IFN β -1a (OR: 0.28, 95%CI: 0.13 to 0.63),
196 ofatumumab (OR: 0.28, 95% CI: 0.13 to 0.63), tolebrutinib (OR: 0.43, 95% CI: 0.22 to 0.84),
197 natalizumab (OR: 0.51, 95% CI: 0.29 to 0.88), and ublituximab (OR: 0.57, 95% CI: 0.26 to 1.26).

198 The results of the network meta-analysis are summarized in Table 3. Ocrelizumab showed
199 the greatest efficacy in preventing CDP, with an OR of 0.16 vis-a-vis the placebo (95% CI: 0.06

200 to 0.42). The results for the other agents were consistent with those from the direct comparisons.
201 In head-to-head comparisons, ocrelizumab was significantly more effective than natalizumab (OR:
202 0.32, 95% CI: 0.10 to 0.97) and ublituximab (OR: 0.28, 95% CI: 0.09 to 0.89). Similarly, the
203 efficacy of alemtuzumab was superior to that of ublituximab (OR: 0.32, 95% CI: 0.10 to 0.97).
204 Tolebrutinib was neither superior nor inferior to the other antibody-based agents. Complete
205 network meta-analysis results, including data for teriflunomide, are presented in Table S2. The
206 efficacy ranking of treatments is illustrated in Figure S5. Based on SUCRA values, ocrelizumab
207 ranked the highest in efficacy (0.928), followed by ofatumumab (0.561), tolebrutinib (0.499),
208 natalizumab (0.461), and ublituximab (0.407). Heterogeneity was low, with $I^2 = 12\%$, and there
209 was no significant publication bias (Egger's test $p = 0.68$).

210 *SAEs*

211 The network graph of the included studies evaluating confirmed SAEs is presented in
212 Figure S6. Most biological agents were compared with teriflunomide, while direct comparisons of
213 each agent versus the placebo are shown in Figure 1C. Among all agents, natalizumab
214 demonstrated the highest safety profile in terms of SAEs, with an OR of 0.22 (95% CI: 0.07 to
215 0.67), indicating a significantly lower risk than the placebo. This was followed by ocrelizumab
216 (OR: 0.65, 95% CI: 0.19 to 2.27), IFN β -1a (OR: 0.84, 95%CI: 0.28 to 2.48), alemtuzumab (OR:
217 0.91, 95% CI: 0.28 to 2.48), ofatumumab (OR: 1.23, 95% CI: 0.64 to 2.39), tolebrutinib (OR: 1.29,
218 95% CI: 0.61 to 2.71), and ublituximab (OR: 1.64, 95% CI: 0.74 to 3.63).

219 The results of the network meta-analysis are summarized in Table 4. The ORs for each
220 agent were consistent with those from the direct comparisons. Natalizumab was the only treatment
221 with a statistically significant reduction in SAEs, compared to the placebo. All other agents showed
222 no significant difference, neither superior nor inferior, compared to the placebo. Complete network

223 meta-analysis results, including data for teriflunomide, are available in Table S3, and the treatment
224 ranking is illustrated in Figure S7. According to SUCRA values, natalizumab ranked the highest
225 (0.980), followed by ocrelizumab (0.711), alemtuzumab (0.550), placebo (0.510), ofatumumab
226 (0.336), tolebrutinib (0.295), and ublituximab (0.170). Heterogeneity was moderate ($I^2 = 26\%$),
227 and no significant publication bias was detected (Egger's test $p = 0.70$).

228 *Risk of Bias and Certainty of Evidence*

229 The risk of bias is presented in Figure S8. Only one study raised some concerns due to
230 missing outcome data and selective reporting, while the remaining studies were assessed as having
231 a low risk of bias. The certainty of evidence indicating that tolebrutinib is less effective than
232 biological agents in terms of ARR was rated as moderate. There was also moderate certainty of
233 evidence suggesting no difference in CDP and SAEs.

234

235 **Discussion**

236 This network meta-analysis provides a comprehensive comparison of tolebrutinib with five
237 antibody-based biological agents: ocrelizumab, ofatumumab, ublituximab, alemtuzumab, and
238 natalizumab, in patients with RMS. Based on ten RCTs involving more than 11,000 patients, the
239 analysis revealed that alemtuzumab and natalizumab produced the greatest reductions in ARR,
240 whereas ocrelizumab demonstrated the highest efficacy in preventing CDP. Notably, natalizumab
241 also ranked the best in terms of safety, with a significant reduction in SAEs. Although tolebrutinib
242 was less effective than biologics in reducing ARR, it showed moderate efficacy in preventing CDP,
243 with no statistically significant inferiority compared to any of the antibody-based agents. These
244 findings align with previous studies underscoring the high efficacy of natalizumab and
245 alemtuzumab in relapse prevention and confirm ocrelizumab's superiority in reducing disability
246 progression.¹⁵ Importantly, this is the first network meta-analysis to directly compare tolebrutinib
247 with these biologics, offering new insights into their relative clinical performance.

248 The certainty of evidence indicating that tolebrutinib is less effective than biological agents
249 in reducing ARR was rated as moderate. Conversely, there was also moderate certainty of evidence
250 suggesting no significant difference between tolebrutinib and biologics regarding CDP and SAEs.
251 These results suggest that while tolebrutinib may offer a smaller benefit in relapse prevention, its
252 effectiveness in delaying disability progression and safety profile are comparable to those of
253 established biologics. Tolebrutinib holds distinct advantages that may complement existing RMS
254 therapies. Unlike monoclonal antibodies, administered intravenously or subcutaneously,
255 tolebrutinib is an oral agent that offers convenience and the potential for improved adherence.²⁸ It
256 penetrates the blood-brain barrier and targets both peripheral B cells and CNS-resident microglia,
257 a dual mechanism not shared by traditional biologics.²⁹ While its ARR-reducing efficacy was lower

258 than that of natalizumab and alemtuzumab, the oral route of administration and novel mechanism
259 make tolebrutinib an attractive option, particularly for patients seeking non-infusion-based
260 treatments or intolerant to injectable therapies.

261 Multiple factors may contribute to the differences observed in efficacy and safety between
262 tolebrutinib and biologic agents. First, the mechanisms of action differ; tolebrutinib, as a BTK
263 inhibitor, has a broader immunomodulatory effect, including CNS penetration, which may
264 influence CDP more than ARR. Second, variability in study populations, particularly in baseline
265 disease activity, demographic characteristics, and the proportion of patients with prior DMT
266 exposure, may have affected outcomes. Notably, differences in prior DMT use across trials could
267 impact both relapse risk and treatment response. Third, heterogeneity in trial design, outcome
268 definitions, and reporting practices may limit the reliability of indirect comparisons. Further, the
269 included studies span a prolonged period during which diagnostic criteria for RMS evolved,
270 potentially leading to differences in disease stage at enrollment. Finally, as the role of BTK
271 inhibitors in MS continues to be defined, longer-term and head-to-head trials are required to clarify
272 their position vis-a-vis established biologics.

273 This analysis has several limitations. First, heterogeneity in study designs, baseline
274 characteristics, and follow-up durations may have influenced the outcomes, although statistical
275 heterogeneity was low to moderate. Second, as with all network meta-analyses, indirect
276 comparisons rely on the assumption of transitivity and cannot replace direct head-to-head trials.
277 Third, the short follow-up in some tolebrutinib trials limits conclusions regarding long-term safety
278 and efficacy. Finally, SUCRA rankings offer a useful estimation of treatment hierarchy but should
279 not be interpreted as definitive clinical guidance.

280

281 **Conclusion**

282 This network meta-analysis suggests that while antibody-based therapies, particularly
283 natalizumab, alemtuzumab, and ocrelizumab, remain highly effective in managing relapsing MS,
284 tolebrutinib offers a promising oral alternative with a comparable safety profile and moderate
285 efficacy. Its ease of use and novel mechanism make it a valuable addition to the MS treatment
286 spectrum, especially for patients who prioritize oral administration or seek alternatives to
287 biological therapies. Future head-to-head trials and long-term observational studies are required to
288 further clarify its comparative effectiveness and safety.

289

Just Accepted

290 **Acknowledgments:** None

291 **Funding Source:** None

292 **Author Contributions:** Y.Y. contributed to the study design and drafting. Y.Y. and J.G. contributed
293 to the study search, quality control, data extraction, and analysis. Y.Y. and D.Z. worked on data
294 interpretation and revision. All authors have read the manuscript and agree with its content and
295 data.

296 **Data Availability:** The corresponding author shall make the datasets available upon reasonable
297 request.

298 **Ethical Statement:** Institutional Review Board approval was waived due to the nature of the meta-
299 analysis.

300 **Conflict of Interest:** The authors report no conflicts of interest in this work.

301

302 **References**

303 1. Raftopoulou S, Kapsali I, Evangelopoulos ME, Mavragani CP. Multiple sclerosis-like
304 manifestations in systemic autoimmune and inflammatory disorders: An update. *Expert Rev Clin*
305 *Immunol.* Jun 17 2025;doi:10.1080/1744666x.2025.2522270

306 2. Babaalizadeh B, Kalaki-Jouybari F, Abarghooi-Kahaki F, Afkhami H, Razavi ZS. Role of
307 Nuclear Receptors on the Progression of Multiple Sclerosis: A Review. *Cell Mol Neurobiol.* Jun
308 17 2025;45(1):58. doi:10.1007/s10571-025-01563-z

309 3. Lublin FD, Coetzee T, Cohen JA, Marrie RA, Thompson AJ. The 2013 clinical course
310 descriptors for multiple sclerosis: A clarification. *Neurology.* Jun 16 2020;94(24):1088-1092.
311 doi:10.1212/wnl.0000000000009636

312 4. Guo J, Wu J, Wang L, et al. Treatment algorithms of relapsing multiple sclerosis: an
313 exploration based on the available disease-modifying therapies in China. *Ther Adv Neurol*
314 *Disord.* 2024;17:17562864241239117. doi:10.1177/17562864241239117

315 5. Ciron J, Bourre B, Castelnovo G, et al. Holistic, Long-Term Management of People with
316 Relapsing Multiple Sclerosis with Cladribine Tablets: Expert Opinion from France. *Neurol Ther.*
317 Jun 2024;13(3):503-518. doi:10.1007/s40120-024-00589-7

318 6. Hiramatsu K, Maeda H. Adult and pediatric relapsing multiple sclerosis phase II and
319 phase III trial design and their primary end points: A systematic review. *Clin Transl Sci.* May
320 2024;17(5):e13794. doi:10.1111/cts.13794

321 7. Pozzilli C, Pugliatti M, Vermersch P, et al. Diagnosis and treatment of progressive
322 multiple sclerosis: A position paper. *Eur J Neurol.* Jan 2023;30(1):9-21. doi:10.1111/ene.15593

323 8. Walton C, King R, Rechtman L, et al. Rising prevalence of multiple sclerosis worldwide:
324 Insights from the Atlas of MS, third edition. *Mult Scler.* Dec 2020;26(14):1816-1821.
325 doi:10.1177/1352458520970841

326 9. Khan Z, Gupta GD, Mehan S. Cellular and Molecular Evidence of Multiple Sclerosis
327 Diagnosis and Treatment Challenges. *J Clin Med.* Jun 26 2023;12(13)doi:10.3390/jcm12134274

328 10. Gómez-Melero S, Caballero-Villarraso J, Escribano BM, Galvao-Carmona A, Túnez I,
329 Agüera-Morales E. Impact of Cognitive Impairment on Quality of Life in Multiple Sclerosis
330 Patients-A Comprehensive Review. *J Clin Med.* Jun 4 2024;13(11)doi:10.3390/jcm13113321

331 11. Borriello G, Chisari CG, Maimone D, et al. Cladribine effects on patient-reported
332 outcomes and their clinical and biometric correlates in highly active relapsing multiple sclerosis
333 at first switch: the observational, multicenter, prospective, phase IV CLADFIT-MS study. *Front*
334 *Neurol.* 2024;15:1422078. doi:10.3389/fneur.2024.1422078

335 12. Lee CY, Chan KH. Personalized Use of Disease-Modifying Therapies in Multiple
336 Sclerosis. *Pharmaceutics.* Jan 17 2024;16(1)doi:10.3390/pharmaceutics16010120

337 13. Lorenzut S, Negro ID, Pauletto G, et al. Exploring the Pathophysiology, Diagnosis, and
338 Treatment Options of Multiple Sclerosis. *J Integr Neurosci.* Jan 21 2025;24(1):25081.
339 doi:10.31083/jin25081

340 14. Frisch ES, Pretzsch R, Weber MS. A Milestone in Multiple Sclerosis Therapy:
341 Monoclonal Antibodies Against CD20-Yet Progress Continues. *Neurotherapeutics.* Jul
342 2021;18(3):1602-1622. doi:10.1007/s13311-021-01048-z

343 15. Freeman L, Longbrake EE, Coyle PK, Hendin B, Vollmer T. High-Efficacy Therapies for
344 Treatment-Naïve Individuals with Relapsing-Remitting Multiple Sclerosis. *CNS Drugs.* Dec
345 2022;36(12):1285-1299. doi:10.1007/s40263-022-00965-7

- 346 16. Lambe J, Ontaneda D. Re-defining progression in multiple sclerosis. *Curr Opin Neurol.*
347 Jun 1 2025;38(3):188-196. doi:10.1097/wco.0000000000001369
- 348 17. Moloney E, Mashayekhi A, Sharma S, et al. Comparative efficacy and tolerability of
349 ublituximab vs. other monoclonal antibodies in the treatment of relapsing multiple sclerosis: a
350 systematic review and network meta-analysis of randomized trials. *Front Neurol.*
351 2024;15:1479476. doi:10.3389/fneur.2024.1479476
- 352 18. Cohen JA, Coles AJ, Arnold DL, et al. Alemtuzumab versus interferon beta 1a as first-
353 line treatment for patients with relapsing-remitting multiple sclerosis: a randomised controlled
354 phase 3 trial. *Lancet.* Nov 24 2012;380(9856):1819-28. doi:10.1016/s0140-6736(12)61769-3
- 355 19. Coles AJ, Twyman CL, Arnold DL, et al. Alemtuzumab for patients with relapsing
356 multiple sclerosis after disease-modifying therapy: a randomised controlled phase 3 trial. *Lancet.*
357 Nov 24 2012;380(9856):1829-39. doi:10.1016/s0140-6736(12)61768-1
- 358 20. Confavreux C, O'Connor P, Comi G, et al. Oral teriflunomide for patients with relapsing
359 multiple sclerosis (TOWER): a randomised, double-blind, placebo-controlled, phase 3 trial.
360 *Lancet Neurol.* Mar 2014;13(3):247-56. doi:10.1016/s1474-4422(13)70308-9
- 361 21. Hauser SL, Bar-Or A, Cohen JA, et al. Ofatumumab versus Teriflunomide in Multiple
362 Sclerosis. *N Engl J Med.* Aug 6 2020;383(6):546-557. doi:10.1056/NEJMoa1917246
- 363 22. Hauser SL, Bar-Or A, Comi G, et al. Ocrelizumab versus Interferon Beta-1a in Relapsing
364 Multiple Sclerosis. *N Engl J Med.* Jan 19 2017;376(3):221-234. doi:10.1056/NEJMoa1601277
- 365 23. O'Connor P, Wolinsky JS, Confavreux C, et al. Randomized trial of oral teriflunomide for
366 relapsing multiple sclerosis. *N Engl J Med.* Oct 6 2011;365(14):1293-303.
367 doi:10.1056/NEJMoa1014656
- 368 24. Oh J, Arnold DL, Cree BAC, et al. Tolebrutinib versus Teriflunomide in Relapsing
369 Multiple Sclerosis. *N Engl J Med.* May 15 2025;392(19):1893-1904.
370 doi:10.1056/NEJMoa2415985
- 371 25. Polman CH, O'Connor PW, Havrdova E, et al. A randomized, placebo-controlled trial of
372 natalizumab for relapsing multiple sclerosis. *N Engl J Med.* Mar 2 2006;354(9):899-910.
373 doi:10.1056/NEJMoa044397
- 374 26. Steinman L, Fox E, Hartung HP, et al. Ublituximab versus Teriflunomide in Relapsing
375 Multiple Sclerosis. *N Engl J Med.* Aug 25 2022;387(8):704-714. doi:10.1056/NEJMoa2201904
- 376 27. Vermersch P, Czlonkowska A, Grimaldi LM, et al. Teriflunomide versus subcutaneous
377 interferon beta-1a in patients with relapsing multiple sclerosis: a randomised, controlled phase 3
378 trial. *Mult Scler.* May 2014;20(6):705-16. doi:10.1177/1352458513507821
- 379 28. Turner TJ, Brun P, Gruber RC, Ofengeim D. Comparative CNS Pharmacology of the
380 Bruton's Tyrosine Kinase (BTK) Inhibitor Tolebrutinib Versus Other BTK Inhibitor Candidates
381 for Treating Multiple Sclerosis. *Drugs R D.* Jun 2024;24(2):263-274. doi:10.1007/s40268-024-
382 00468-4
- 383 29. Touil H, Li R, Zuroff L, et al. Cross-talk between B cells, microglia and macrophages,
384 and implications to central nervous system compartmentalized inflammation and progressive
385 multiple sclerosis. *EBioMedicine.* Oct 2023;96:104789. doi:10.1016/j.ebiom.2023.104789

386

387 Table 1. Characteristics of the included studies.

Study	Treatment	Cases	Age (years)	Female (%)	Previous therapy	Follow up
Cohen et al. 2012	Alemtuzumab 12mg vs IFN β -1a	376 vs 187	33.0(8.0) vs 33.2(8.5)	243 (64.6%) vs 122 (65.2%)	Naive to DMT	2 years
Coles et al. 2012	Alemtuzumab 12mg vs Alemtuzumab 24mg vs IFN β -1a	426 vs 170 vs 202	34.8(8.36) vs 35.1(8.4) vs 35.8(8.77)	281 (66.0%) vs 120 (70.6%) vs 131 (64.9%)	100% received DMT	2 years
Confavreux et al. 2014	Teriflunomide 7mg vs Teriflunomide 14mg vs Placebo	408 vs 372 vs 389	38.1(9.1) vs 38.2(9.4) vs 37.4(9.4)	300 (73.5%) vs 258 (69.4%) vs 273 (70.2%)	32.8% received DMT	108 weeks
Hauser et al. 2020	Ofatumumab vs Teriflunomide 14mg	935 vs 936	38.0 (9.3) vs 38.4 (9.1)	637 (68.1%) vs 636 (67.9%)	60.3% received DMT	1.6 years
Hauser et al. 2017	Ocrelizumab vs IFN β -1a	827 vs 829	37.2 (9.1) vs 37.2 (9.2)	541 (65.4%) vs 552 (66.6%)	26.7% received DMT	96 weeks
O'Connor et al. 2011	Teriflunomide 7mg vs Teriflunomide 14mg vs Placebo	366 vs 359 vs 363	37.4(9.0) vs 37.8(8.2) vs 38.4(9.0)	255 (69.7%) vs 255 (71.0%) vs 275 (75.8%)	27% received DMT	108 weeks
Oh et al. 2025	Tolebrutinib vs Teriflunomide 14mg	933 vs 940	36.1(9.3) vs 36.6(9.3)	644 (69.0%) vs 645 (68.6%)	35.5% received DMT	139 weeks
Polman et al. 2006	Natalizumab vs placebo	627 vs 315	35.6(8.5) vs 36.7(7.8)	449 (71.6%) vs 211 (67.0%)	Naive to DMT	2 years
Steinman et al. 2022	Ublituximab vs Teriflunomide 14mg	543 vs 546	35.3 (8.5) vs 36.6 (9.3)	344 (63.4%) vs 355 (65.0%)	56.5% received DMT	96 weeks
Vermersch et al. 2014	Teriflunomide 7mg vs Teriflunomide 14mg vs IFN β -1a	101 vs 111 vs 104	35.3(9.2) vs 36.8(10.3) vs 37(10.6)	70 (69.3%) vs 78 (70.3%) vs 71 (68.3%)	18.8% received DMT	48 weeks

388 INF = interferon; Vs = versus; DMT = disease-modifying therapy.

389

390 Table 2. Network meta-analysis of annualized relapse rate.

Alemtuzumab						
0.00	Natalizumab					
[-0.26; 0.26]						
-0.10	-0.11	Ocrelizumab				
[-0.21; 0.01]	[-0.36; 0.14]					
-0.19	-0.19	-0.08	Ofatumumab			
[-0.41; 0.03]	[-0.34; -0.04]	[-0.29; 0.12]				
-0.21	-0.22	-0.11	-0.03	Ublituximab		
[-0.44; 0.01]	[-0.38; -0.05]	[-0.32; 0.10]	[-0.11; 0.05]			
-0.31	-0.32	-0.21	-0.13	-0.10	Tolebrutinib	
[-0.53; -0.10]	[-0.47; -0.17]	[-0.41; -0.01]	[-0.17; -0.09]	[-0.18; -0.03]		
-0.50	-0.50	-0.39	-0.31	-0.28	-0.18	Placebo
[-0.72; -0.27]	[-0.63; -0.37]	[-0.60; -0.18]	[-0.39; -0.23]	[-0.38; -0.18]	[-0.25; -0.11]	

391

392 The purple background showed statistically significant differences

393 Table 3. Network meta-analysis of confirmed disability progression.

Ocrelizumab						
0.89	Alemtuzumab		Ofatumumab		Placebo	
[0.43; 1.85]	0.42					
0.37	[0.15; 1.17]					
[0.13; 1.08]	0.38					
0.34	[0.14; 1.09]	0.92	Tolebrutinib			
[0.12; 1.00]	[0.12; 1.06]	[0.43; 1.98]	0.93	Natalizumab		
0.32	0.36	0.86	[0.39; 2.22]	0.89	Ublituximab	
[0.10; 0.97]	[0.10; 0.97]	[0.36; 2.03]	[0.34; 1.98]	[0.34; 2.33]	0.57	
0.28	0.32	0.76	0.82	0.89	0.51	
[0.09; 0.89]	[0.10; 0.97]	[0.32; 1.82]	[0.34; 1.98]	[0.34; 2.33]	[0.26; 1.26]	
0.16	0.18	0.43	0.47	0.51	0.57	
[0.06; 0.42]	[0.07; 0.46]	[0.22; 0.84]	[0.24; 0.92]	[0.29; 0.88]	[0.26; 1.26]	

394

395 The purple background showed statistically significant differences

396

397 Table 4. Network meta-analysis of serious adverse events.

Natalizumab						
0.35						
[0.07; 1.82]	Ocrelizumab					
0.22	0.65					
[0.07; 0.67]	[0.19; 2.27]	Placebo				
0.25	0.71	1.09				
[0.05; 1.23]	[0.33; 1.52]	[0.34; 3.54]	Alemtuzumab			
0.18	0.53	0.81	0.74			
[0.05; 0.66]	[0.14; 1.94]	[0.42; 1.57]	[0.22; 2.54]	Ofatumumab		
0.17	0.51	0.78	0.71	0.96		
[0.05; 0.66]	[0.13; 1.95]	[0.37; 1.64]	[0.20; 2.56]	[0.45; 2.05]	Tolebrutinib	
0.14	0.40	0.61	0.56	0.75	0.79	
[0.04; 0.53]	[0.10; 1.57]	[0.28; 1.35]	[0.15; 2.07]	[0.34; 1.69]	[0.33; 1.89]	Ublituximab

398

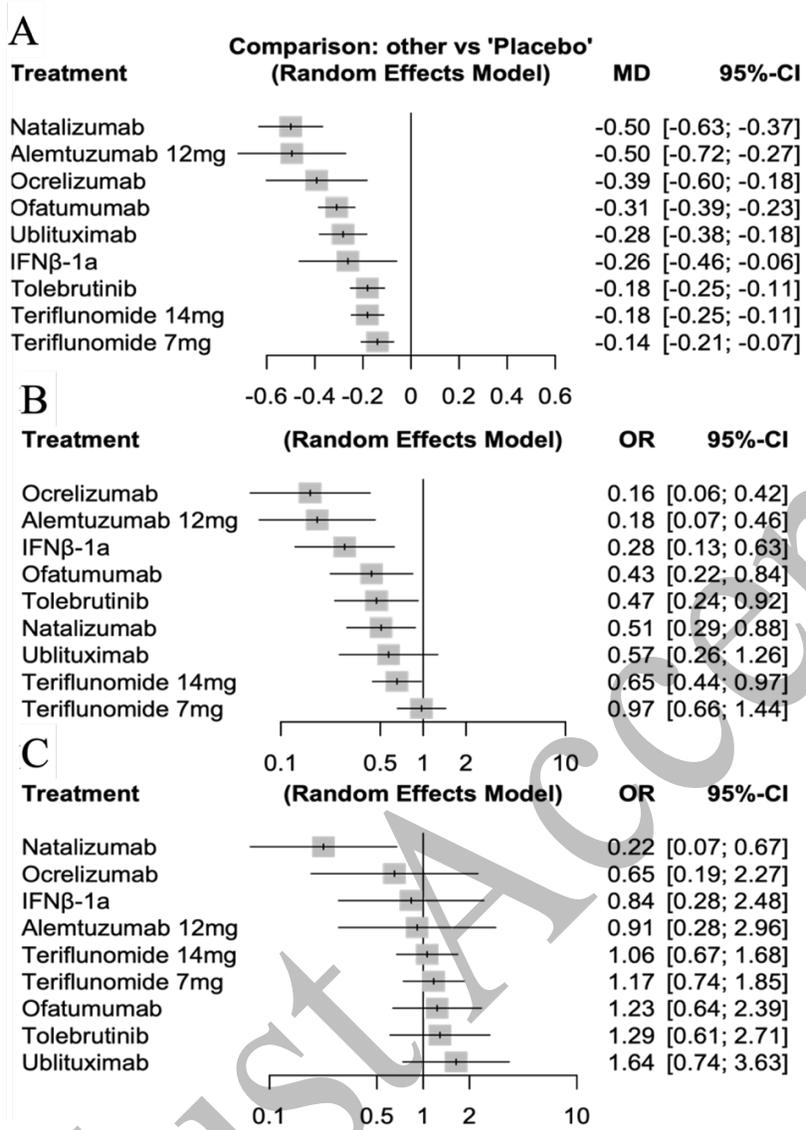
399 The purple background showed statistically significant differences

400

401

402

403 Figure 1. Direct comparisons of the included studies



404

405 A: direct comparisons for ARR; B: direct comparisons for CDP; C: direct comparisons for SAEs.

406